



EDIBLE PLANTS AND WEEDS FOR TORTOISES & LAND TURTLES

This is a list of a variety of different plants, both cultivated and wild, that tortoises and land turtles can eat. Please understand that individual animal taste preferences may vary.

PLANT NAME	SCIENTIFIC NAME	PLANT TYPE	EDIBLE PARTS
Agave	Agave sp.	Succulent	Entire Plant
Alfalfa	Medicago sativa	Common Weeds	Entire Plant
Aloe	Aloe sp.	Succulent	Entire Plant
Alyssum , Sweet	Lobularia maritima	Cultivated Plants	Leaves, Flowers
Arizona Cottontop Grass	Digitaria sp.	Grasses	Entire Plant
Arugula	Eruca sativa	Herbs	Leaves, Flowers
Asperagus Fern	Asperagus setaceus & plumosis	Ferns	Leaves
Aster	Aster sp.	Cultivated Plants	Leaves
Baby's tears, Irish Moss	Soleirolia soleirolii	Cultivated Plants	Leaves
Bamboo Muhly Grass	Muhlenbergia dumosa	Grasses	Entire Plant
Banana	Musa sp.	Tree/Shrub	leaves, fruit
Barnyardgrass	Echinochloa crus & galli	Grasses	Leaves
Basil	Ocimum basilicum	Herbs	Leaves

Begonias	Begonia sp.	Succulent	Leaves, flowers
Bentgrasses	Agrostis sp.	Grasses	Leaves
Bermuda	Cynodon dactylon	Grasses	Leaves
Big Bluestem	Andropogon gerardi	Grasses	Leaves
Bindweed	Convolvulus sp. & Calystegia sp.	Common Weeds	Leaves
Birds Nests Fern	Asplenium nidus	Cultivated Plants	Leaves
Birdsfoot Trefoil	Lotus corniculatus	Common Weeds	Leaves
Bittercress	Cardamine hirsuta & flexuosa	Common Weeds	Leaves
Black mustard	Brassica Nigra	Common Weeds	Entire Plant
Blessed Thistle	Cnicus benedictus	Common Weeds	Leaves
Blue grama grass	Bouteloua gracilis	Grasses	Leaves
Bluedicks	Dichelostemma pulchellum	Desert Wildflower	
Bluegrass, annual	Poa annua	Grasses	
Boston Fern	Nephrolepis exalta	Ferns	
Bottle Brush	Callistemon	Cultivated Plants	
Bouganvillea	Bouganvillea sp.	Cultivated Plants	
Brome	Bromus sp.	Grasses	
Bromeliads	Family Bromeliaceae	Cultivated Plants	
Buckwheat	Eriogonum fasciculatum	Common Weeds	

Buffalo grass	<i>Stenotaphrum secundatum</i>	Grasses	
Buffelgrass	<i>Cenchrus ciliaris</i>	Grasses	
Bugleweed	<i>Ajuga reptans</i>	Common Weeds	Leaves, Flowers
Butterfly Bush	<i>Buddleja sp.</i>	Common Weeds	
California Buckwheat	<i>Eriogonum fasciculatum</i>	Tree/Shrub	
California Filago	<i>Filago californica</i>	Common Weeds	
Canarygrass, littleseed	<i>Phalaris minor</i>	Grasses	
Carnation	<i>Dianthus caryophyllus</i>	Cultivated Plants	
Cassia	<i>Senna sp.</i>	Trees/Shrubs	Entire Plant
Cat's ears	<i>Hypochoeris sp.</i>	Common Weeds	
Cattle Spinach	<i>Atriplex polycarpa</i>	Tree/Shrub	
Chamomile	<i>Chamaemelum nobile</i>	Cultivated Plants	Flowers
Chickweed	<i>Cerastium vulgatum & arvense</i>	Common Weeds	
Chicory	<i>Cichorium sp.</i>	Common Weeds	Flowers, Leaves, Roots
Chinese Lantern	<i>Abutilon hybridum</i>	Cultivated Plants	Flowers
Chrysanthemum	<i>Chrysanthemum sp.</i>	Cultivated Plants	Flowers
Chufa, or Yellow Nut Grass	<i>Cyperus esculentus</i>	Grasses	
Cinnamon fern	<i>Osumunda cinnamomea</i>	Ferns	

Climbing Nasturtium, Garden Nasturtium, Indian Cress	<i>Tropaeolum majus</i>	Vines	
Clover	<i>Trifolium repens</i> & <i>pratense</i>	Common Weeds	
Coleus	<i>Coleus</i> sp.	Cultivated Plants	
Common greenbrier, Catbrier	<i>Silax roundfolia</i> & sp.	Common Weeds	
Common Sorrel	<i>Rumex</i> sp. & <i>Oxalis</i> sp.	Common Weeds	
Coneflower (purple)	<i>Echinacea</i> sp. (<i>Rudbeckia</i>)	Common Weeds	
Coreopsis	<i>Coreopsis giganta</i> & <i>tinctoria</i> & <i>atkinsoniana</i> & <i>calliopsidea</i>	Cultivated Plants	Leaves, flowers
Corn Plant	<i>Dracaena fragrans</i>	Cultivated Plants	
Cornflower or Bachelor's Buttons	<i>Plagiobothrys</i> sp.	Cultivated Plants	Leaves, flowers
<i>Cotyledon orbiculata</i>	Family <i>Crassulaceae</i> , <i>Cotyledon orbiculata</i>	Common Weeds	Flowers, Leaves
Couchgrass	<i>Agropyron repens</i>	Grasses	
Crabgrass	<i>Digitaria sanguinalis</i>	Grasses	
Creeping Bell	<i>Campanula</i> <i>rapunculoides</i>	Common Weeds	Flower
Creeping Charlie	<i>Pilea nummulariifolia</i>	Vines	
Creeping Jenny	<i>Lysimachia nummlaria</i>	Vines	
Curly Mesquite Grass	<i>Hilaria belangeri</i>	Grasses	Entire Plant
Dahlia	<i>Dahlia pinnata</i> & <i>rosea</i>	Cultivated Plants	

Daisy, English	<i>Bellis perennis</i>	Cultivated Plants/Common Weeds	flowers
Dandelion	<i>Taraxacum officinale</i> , <i>Agoseris aurantiaca</i>	Common Weeds	Leaves, Flowers, Roots
Day Lilies (NOT Easter or Tiger Lilies!)	<i>Hemerocallis</i> sp.	Cultivated Plants	
Dayflower	<i>Commelina diffusa</i>	Common Weeds	Leaves, Flowers
Deadnettle, Red or Purple	<i>Lamium purpurem</i>	Common Weeds	
Deer Grass	<i>Muhlenbergia rigens</i>	Grasses	Entire Plant
Desert Dandelion	<i>Malacothrix glabrata</i>	Common Weed	
Desert Four-O'Clock	<i>Mirabelis spectabalis</i>	Desert Wildflower	Entire Plant
Desert Rose	<i>Adenium obesum</i>	Succulent	
Dichondra, Wonderlawn	<i>Dichondra repens</i>	Cultivated Plants/Common Weeds	leaves, flowers
Dock	<i>Rumex</i> sp.	Common Weeds	Flowers, Leaves, Roots
Echinacea	<i>Echinacea</i> sp.	Common Weeds	Leaves, Flowers
Endives	<i>Cichorium</i> sp.	Common Weeds	
Evening Primrose	<i>Oenothera biensis</i>	Common Weeds	Leaves, Flowers
Evening Primrose, Cut-leaved	<i>Oenothera laciniata</i>	Common Weeds	

Fennel	Foeniculum sp.	Herbs	
Fern Acacia	Acacia angustissima	Trees/Shrubs	Flowers
Fescue, Blue	Festuca glauca	Grasses	
Fescue, Tall	Festuca arundinacea	Grasses	
Field mustard	Brassica rapa	Common Weeds	Entire Plant
Fig Tree	Moraceae	Tree/Shrub	leaves, fruit
Filaree	Erodium cicutarium	Common Weeds	
Flowering Maple	Abutilon sp.	Succulent	all
Forsythia	Forsythia sp.	Tree/Shrub	
Fuschia	Fuschia sp.	Cultivated Plants	
Gazania	Gazania sp.	Cultivated Plants	leaves, flowres
Geranium	Pelargonium sp.	Cultivated Plants	leaves, flowers
German chamomile	Matricaria chamomilla	Cultivated Plants	Flowers
Globe Mallows	Sphaeralcea sp.	Common Weeds	Entire Plant
Goat Head	Tribulus terrestris	Common Weed	
Golden bamboo or fishpole bamboo	Phyllostachys aurea	Tree/Shrub	
Goosegrass	Eleusine indica	Grasses	
Grape Vine	Family Vitaceae & Berberidaceae	Cultivated Plants/Vines	leaves, fruit, Flowers
Ground ivy	Glechoma hederacea	Vines	

Guava Tree	Psidium guajava	Tree/Shrub	Leaves
Hawkbits	Leontodon ssp	Common Weeds	
Hawk's Beards	Crepis biennis & capilallaris	Common Weeds	
Haworthia reinwardtii	Haworthia reinwardtii	Succulent	
Heather	Ericaceae	Tree/Shrub	leaves, flowers
Hen and Chicks	Echeveria sp.	Succulent	all
Hen and Chicks , Houseleeks	Sempervivum sp.	Succulent	leaves, flowers
Henbit	Lamium amplexicaule	Common Weeds	Leaves, Flowers
Hibiscus	Hibicus rosa & sinensis & syriacus	Tree/Shrub	Leaves, Flowers
Hollyhock	Alcea rosea	Cultivated Plants	flowers
Honesty	Lunaria annua	Common Weeds	Root, Seed
Honeysuckle	Lonicera interrupta & japonica & periclymenum & caprifolium	Common Weeds/Vines	Leaves, Flowers
Honeysuckle, Desert	Anisacanthus thurberi	Desert Wildflower	Entire Plant
Hosta	Hosta sp.	Cultivated Plants	leaves, flowers
Ice plants	Mesembryanthemaceae family	Succulent	
Impatiens	Impatiens glandulifera	Cultivated Plants	leaves, flowers, seeds

Indian Ricegrass	<i>Oryzopsis hymenoides</i>	Grasses	
Jasmine	<i>Jasminum officinale</i> & <i>grandiflora</i>	Cultivated Plants	
Johnny-Jump-Up	<i>Viola tricolor</i>	Cultivated Plants	
Kalanchoe sp.	<i>Kalanchoe</i> sp.	Succulent	
Kale	<i>Brassica oleracea</i>	Cultivated Plants	
Kikuyugrass	<i>Pennisetum clandestinum</i>	Grasses	
Kleingrass	<i>Panicum coloratum</i>	Grasses	
Knotweed	<i>Polygonum</i> spp.	Common Weeds	
Kudzu	<i>Pueraria lobata</i>	Common Weeds/Vines	Leaves, Flowers
Lavender	<i>Lavandula angustifolia</i> & <i>labiata</i>	Cultivated Plants	Leaves, Flowers
Lilac	<i>Syringa vulgaris</i>	Cultivated Plants	
Link & Otto	<i>Tradescantia crassula</i>	Succulent	
Live Forever	<i>Sedum purpureum</i>	Succulent	
Loquat bush	<i>Eriobotrya japonica</i>	Tree/Shrub	
Mallow	<i>Malva sylvestris</i> & <i>rotundifolia</i> & <i>neglecta</i> & <i>moschata</i>	Cultivated Plants/Common Weeds	Leaves, Roots, Seeds
Mallow, Desert	<i>Sphaeralcea ambigua</i>	Desert Wildflower	
Maple	<i>Acer saccharum</i>	Tree/Shrub	

Marigold	Tagetes sp.	Cultivated Plants	Leaves, Flowers
Milk Thistle	Silybum marianum	Common Weeds	
Mimosa	Desmanthus illinoensis	Tree/Shrub	
Mojave Aster	Machaeranthera tortifolia	Desert Wildflower	
Monkey Plant	Ruellia makoyana	Cultivated Plants	Leaves, Flowers
Moon Flower	Impoioiea alba & leptophylla	Cultivated Plants	Leaves, Flowers
Morning Glory	Family Convolvulaceae	Desert Wildflower	Entire Plant
Moss Roses, Purselane	Portulaca sp.	Succulent	
Mother of Pearl	Graptopetalum paraguayen	Cultivated Plants	
Muhly	Sporobolus asperifolius	Tree/Shrub	
Mulberry Tree	Morus alba & nigra	Tree/Shrub	Leaves, Fruit
Mustard	Sisymbrium officinale, Brassica sp.	Common Weeds	
Napiergrass	Pennisetum purpureum	Grasses	
Nasturtiums	Nasturtium sp.	Cultivated Plants	
Nasturtiums	Tropaeolum majus	Cultivated Plants	
Needlegrass, desert	Stipa speciosa	Grasses	
Nettle, Stinging	Urtica dioica	Common Weeds	
Nipplewort	Lapsana communis	Common Weeds	

Oatgrass	Arrhenatherum sp.	Grasses	
Orchard grass	Dactylis glomerata	Grasses	
Ostrich Fern	Matteuccia struthiopteris	Ferns	
Owl's Clover, Pink-Brush	Orthocarpus purpurascens	Common Weed	
Pampasgrass	Cortaderia selloana	Grasses	
Pangolagrass	Digitaria decumbens	Grasses	
Pansy	Viola sp.	Cultivated Plants	Leaves, Flowers
Paper mulberry	Broussonetia papyrifera	Tree/Shrub	
Pearl Millet	Pennisetum glaucum	Grasses	
Pennywort	Cotyledon umbilicus & veneris	Common Weeds	
Peppergrass	Lepidium spp.	Grasses	
Persimmon	Diospyros texanum & virginiana	Common Weeds	
Petunias	Petunia sp.	Cultivated Plants	
Phlox	Phlox paniculata	Cultivated Plants	
Pigweed	Amaranthus sp.	Common Weeds	
Pineapple Guava	Feijoa sellowiana	Cultivated Plants	
Pink Perslane	Montia sibirica	Common Weeds	Leaves, Flowers
Plantains	Plantago major & media & lanceolata	Common Weeds	Leaves, Flowers

Poppy, California	<i>Eschscholzia californica</i>	Cultivated Plants	Leaves, Flowers
Poppy, Welsh	<i>Meconopsis cambrica</i>	Cultivated Plants	Leaves, Flowers
Pothos	<i>Epipremnum aureum</i>	Cultivated Plants	Leaves
Poverty Weed	<i>Monolepis nuttallia</i> , <i>Iva axillaris</i>	Common Weeds	Entire Plant
Prickly Lettuce	<i>Lactuca serriola</i>	Common Weeds	Leaves, Flowers
Prickly Pear Cactus	<i>Opuntia</i> sp.	Succulent	Entire Plant
Primrose	<i>Primula vulgaris</i>	Cultivated Plants	Leaves, Flowers
Purslane	<i>Portulaca oleracea</i>	Common Weeds	Leaves, Flowers
Quackgrass	<i>Agropyron repens</i>	Grasses	Leaves, Flowers
Quick Weed	<i>Galinsoga</i> sp.	Common Weeds	Leaves, Flowers
Raspberry, Blackberry	<i>Rubus</i> sp.	Common Weeds	Leaves, Flowers, Fruit
Red Maids	<i>Calandrinia ciliata</i>	Common Weeds	
Rose	<i>Rosa</i> sp.	Cultivated Plants	Flowers
Rosemary	<i>Rosamarinus</i> sp.	Herbs	Leaves, Flowers
Russian Thistle or prickly saltwort	<i>Salsola kali</i>	Tree/Shrub	Leaves, Flowers
Rye	<i>Secale cereale</i>	Grasses	Leaves

Sage	Salvia sp.	Tree/Shrub/Herbs	Leaves, Flowers
Sainfoin	Onobrychis sativa	Common Weeds	
Salad Burnet	Sanguisorba minor	Common Weeds	
Sea Grape	Coccoloba uvifera	Tree/Shrub	
Senna, Desert	Cassia covesii	Trees/Shrubs	Entire Plant
Sesame grass	Tripsacum dactyloides	Grasses	
Shepard's purse	Capsella bursa & pastorsis	Common Weeds	
Slime Lilies	Albuca sp.	Succulent	
Sow Thistle	Sonchus oleraceus & arvensis	Common Weeds	
Spider Plant	Chlorophytum comosum	Cultivated Plants	Leaves, Flowers
Spiderwort	Tradescantia pinetorum & occidentalis	Succulent	
Spurges	Euphorbia sp.	Common Weeds	Entire Plant
St. Augustine, Charleston grass	Stenotaphrum secundatum	Grasses	
St. Johns Wort	Hypericum sp.	Common Weeds	Leaves
Staghorn Fern	Platycerium bifurcatum	Ferns	Leaves, Flowers
Sticky Monkey Flower	Mimulus aurantiacus	Succulent	
Stonecrops	Sedum sp.	Succulent	
Strawberries, domestic	Fragaria × ananassa	Cultivated Plants	

Strawberry, wild	<i>Fragaria vesca</i>	Common Weeds	
Swedish Ivy	<i>Plectranthus australis</i>	Cultivated Plants/Vines	Leaves, Flowers
Sweet vernal grass	<i>Anthoxanthum odoratum</i>	Grasses	
Tea Tree	<i>Leptospermum scoparium</i>	Tree/Shrub	Leaves, Flowers
Timothy	<i>Phleum pratense</i>	Grasses	
Tree Fern	<i>Dicksonia antarctica</i>	Ferns	
Tree houseleek	<i>Aeonium sp.</i>	Succulent	all
Umbrella Plant	<i>Darmera peltata / Petasites hybridus</i>	Cultivated Plants	
Vetch - Bush, Common, Tufted	<i>Vicia sepium & sativa & cracca</i>	Common Weeds	
Violets	<i>Viola sp.</i>	Cultivated Plants	Leaves, Flowers
Wandering Jew	<i>Tradescantia albiflora</i>	Succulent/Vines	Leaves, Flowers
Watercress	Family Cruciferae	Common Weeds	Leaves, Flowers
Weeping lovegrass	<i>Eragrostis curvula</i>	Grasses	
Whispering Bells	<i>Emmenanthe penduliflora</i>	Cultivated Plants	
White Tidy-Ups	<i>Layia glandulosa</i>	Common Weeds	
Wild Carrot	<i>Daucus carota</i>	Common Weeds	Leaves, Roots

Wild muscadine	<i>Vitis rotundifolia</i>	Vines	Leaves, Flowers
Wild Oats	<i>Avena fatua</i>	Grasses	
Willow	Family Salicaceae	Tree/Shrub	
Willow, Desert	<i>Chilopsis linearis</i>	Trees/Shrubs	Flowers
Wintercress	<i>Barbarea vulgaris</i>	Common Weeds	Leaves. Flowers
Witchgrass	<i>Panicum capillare</i>	Grasses	
Yallow	<i>Achillea millefolium</i>	Common Weeds	Leaves, Flowers
Yucca	<i>Yucca sp.</i>	Succulent	
Zinnia	<i>Zinnia sp.</i>	Cultivated Plants	Leaves, Flowers